

November 2024 Monthly Glance

Sun	Mon	Tue	Wed	Thu	Fri	Sat
 <p>MON - WED, FRI 8AM—4PM THU 8AM—12PM (Closed Holidays & Family Days)</p>					1 Key Leadership Immersion Briefing 0800-1200	2
3	4 Developing a Spend Plan 1100-1230	5 Ditching the Dorms 0900-1130 Stammtisch Christmas Markets 1200-1300 Pre-Deployment Briefing 1400-1500	6 LinkedIn Profiles (TEAMS) 0800-1000 LinkedIn Job Search (TEAMS) 1030-1230 Power Hour-Tobacco Cessation 1100-1200	7 KSL Initial Training 0830-1230 EFMP 101 Orientation 1100-1200	8 CLOSED Family Day	
TAP: 3-Day Workshop 0800-1630 (Virtual)			Newcomer Orientation @ Enlisted Club, Bldg. 2140 Day 1: 0800-1530 Day 2: 0800-1200			
10	11 CLOSED Veterans Day	12 TAP: Pre-Separation Counseling (Virtual) 0830-1130 ABCs of TSP 1300-1430 Pre-Deployment Briefing 1400-1500	13 Resume Essentials (TEAMS) 0800-1230 Paying for School Can be Cool 1000-1100 Resume Review 1030-1200	14 KSL Continuing Education 0900-1030 EFMP/Hearts Apart Thanksgiving Bingo 1730-1930	16 German Culture Orientation 0900-1200 EFMP Teddy Bear Social @ USO 1000-1200	
TAP: Employment Track 0830-1630 (Virtual)			TAP: Vocational Track 0830-1630		Newcomer Orientation @ Enlisted Club, Bldg. 2140 Day 1: 0800-1530 Day 2: 0800-1200	
17	18	19 Ditching the Dorms 0900-1130 The Basics of Credit Reports and Scores 1330-1500 Pre-Deployment Briefing 1400-1500	20 Interview Skills (TEAMS) 0800-1000 Salary Negotiations (TEAMS) 1030-1230	21 VA Benefits 101 @ Ramstein Library 1200-1300		
TAP: Entrepreneurship Track 0830-1230 (Virtual)			Newcomer Orientation @ Enlisted Club, Bldg. 2140 Day 1: 0800-1530 Day 2: 0800-1200			
TAP: 3-Day Workshop 0830-1630			TAP: Employment Track 0830-1630			
24	25 EFMP Toddler Play Group @ Community Center (19 months to 4 years old) 1000-1200	26 Bundles for Babies 0815-1200 Pre-Separation Counseling 0830-1130 Conversation Corner with EFMP 1100-1200 Pre-Deployment Briefing 1400-1500	27 Navigating USAJobs 0800-1030 Resume Review 1030-1200	28 	29 CLOSED Family Day	



Military & Family Readiness Center
Bldg. 2120, Lawn Ave
Ramstein AB
Hours: M-F 0730-1630, except Thu, closed at 1200.

DSN: 314-480-5100
COMM: 06371-47-5100
Email: 86FSS.MFRC@us.af.mil



Facebook:
Ramstein Military & Family Readiness

Workshop	Description
ABCs of TSP	Join the M&FRC for a discussion of the ins and outs of the thrift savings plans. This class meets the Financial Readiness touchpoint for military members who are approaching two years of service.
Basics of Credit Reports and Scores	Learn how to establish credit, improve your credit report, correct misinformation, and other helpful tips.
Bundles for Babies	Workshop provides expectant parents with a variety of information including: how to care for infants, budgeting for the family, lactation, car seat safety, and infant safety, and more. A \$100 gift card from AFAS is provided.
Conversation Corner with EFMP	Conversation Corner with EFMP is a joint Air Force/Army group to meet new friends, explore valuable information, & gain support by sharing experiences. Guest speakers from installation helping agencies present on occasion. Alternate locations throughout the KMC.
Develop a Spending Plan	Starting and developing your spending plan now determines how you achieve your future goals. Join us as we discuss planning for future and developing your spend plan. Include money personalities, setting financial goals, and reviewing current spending habits.
Ditching the Dorms	Workshop to assess if Service Members are financially ready to move out of the dorms and onto the economy. **Contact your Dorm Manager to register**
EFMP 101 Orientation	Are you or a family member newly enrolled or just curious about EFMP? If so, this workshop is for YOU! Join us for a discussion on Air Force Exceptional Family Member Program to include the role of Family Support and Medical Support. This workshop is open to military members and civilians. Offered in-person and virtual. Reservation Required: 86fss.efmp@us.af.mil or call 06371-47-5100 CIV.
EFMP/Hearts Apart Thanksgiving Bingo	Join EFMP-FS and Hearts Apart for Thanksgiving Bingo. Light refreshments will be provided and chance to win one of \$200 worth of prizes. Register at 86FSS.EFMP@us.af.mil.
EFMP Teddy Bear Picnic	Bring your favorite stuffed animal and join EFMP-FS and the USO for story time, crafts, and snacks at the USO Ramstein Pax Terminal. Please contact the USO at +49 063715959850 to sign up.
EFMP Toddler Play Group (19 months to 4 years old)	Play group offered at the Community Center for children ages 19 months to 4 years old.
German Culture Orientation	Understanding German culture; driving; recycling; customs. Info. from German American Community Office; Polizei; VAT/UTAP office.
Interview Skills (TEAMS)	Preparation is key for a great job interview. This two-hour workshop provides tips and coaching for job interviews and handling those hard-to-answer questions. Taught by Department of Labor. *Virtual classes available at https://www.dol.gov/agencies/vets/programs/tap/teams-workshops *
Key Leadership Immersion	Newly appointed leaders will receive required briefings by agencies to include Mental Health, IG, Wing Safety, EEO, SAPR, M&FRC.
Key Support Liaisons (KSL) Continuing Education	Base resource education for Key Support Liaisons (KSL) with an opportunity to engage with base leadership.
Key Support Liaisons (KSL) Initial Training	Newly appointed Key Support Liaisons (KSL) are given initial training to become a KSL per guidance.
LinkedIn Job Search (TEAMS)	Offers insider knowledge to utilize LinkedIn's job search features. Participants learn how to set job alerts, connect with new people, join groups, and follow organizations to grow their networks. This workshop also shares a rare sneak peek into the recruiter's view on LinkedIn providing invaluable insight into LinkedIn job searches. Taught by Department of Labor. *Virtual classes available at https://www.dol.gov/agencies/vets/programs/tap/teams-workshops *
LinkedIn Profiles (TEAMS)	Learn how to create a LinkedIn profile that markets your professional brand. Taught by Department of Labor. *Virtual classes available at https://www.dol.gov/agencies/vets/programs/tap/teams-workshops *
Navigating USAJOBS	recognize the differences in federal resumes and civilian resumes. Note: Time to work on a resume in class is not guaranteed. Participants are invited to attend the Resume Review class where they can have their resume reviewed by staff or work on a resume in house.
Newcomer Orientation	Newcomer Orientation offers valuable information from various base agencies to all newly assigned members, including Active Duty personnel, DoD Civilians/Contractors, GSU's and Spouses. These sessions are designed to facilitate a seamless transition and integration into the KMC. **Register via https://www.86fss.com/mfrc/relocation-assistance/ or by contacting the Center.
Paying for School Can be Cool	Learn about how Active Duty Military and DoD Civilian Employees may qualify for Public Service Loan Forgiveness (PSLF).
Power Hour	Tobacco Cessation
Pre-Deployment Briefing	Overview of deployment fundamentals and programs and services available to member and family members. *IN PERSON
Resume Essentials (TEAMS)	A workshop designed to create your most effective resume for the career you want. Trained facilitators will provide guidance and teach you to evaluate your resume and understand job application techniques. Taught by Department of Labor. *Virtual classes available at https://www.dol.gov/agencies/vets/programs/tap/teams-workshops *
Resume Review	A workshop/study hall for participants to work on a resume or have their resume reviewed by M&FRC Staff.
Salary Negotiations (TEAMS)	Learn salary and compensation negotiation skills. Taught by Department of Labor. *Virtual classes available at https://www.dol.gov/agencies/vets/programs/tap/teams-workshops *
Spouse Hub	Connect with the community at the Spouse Hub, a welcoming space for spouses to connect with fellow spouses, share experiences, and find the support and information you need in your journey. We look forward to seeing you there!
Stammtisch - Table Talk	Discuss/familiarize ourselves with this wonderful area and to have fun. Come hear from our local German expert on a variety of topics.
TAP: 3-Day Core Curriculum Workshop	The 3-day Transition Workshop includes DoD/AF day, DOL 1 Day Employment Workshop, and VA Benefits and Services briefing. Workshop is designed to prepare military members and their families as they transition to the civilian sector. Prerequisite: Mandatory Initial Counseling and Pre-Separation Counseling.
TAP: Employment Track	DOL Employment track is designed to teach retiring and separating service members valuable employment seeking skills such as: Resumes, cover letters, application processes, LMI, social media use, networking, and much more.
TAP: Entrepreneurship Track	Conducted by the Small Business Administration (SBA). Service members pursuing self-employment in the private or non-profit sector will learn challenges faced by entrepreneurs, the benefits and realities of entrepreneurship, and the steps toward business ownership.
TAP: Pre-Separation Counseling	The second step in the TAP process. Should be completed NLT 365 days from DOS/DOR. Service members will be counseled based on the pre-separation counseling script. Will receive information on resources and programs they may be eligible for as transitioning service members. Prerequisite: Mandatory Initial Counseling.
TAP: Vocational Track	Taught by DOL to identify skills, increase awareness of training, credentialing programs, & develop an action plan to achieve career
VA Benefits 101	Bring your lunch and join us for a workshop that highlights VA Benefits and Services available for service members and their dependents. Topics include: Education, Home Loan Guarantee, Healthcare, Insurance and Memorial Benefits. OPEN TO ALL!