








# October 2024 Monthly Glance

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
	<p><b>HOT TIP!</b></p> <p>Start TAP 18-24 months from your potential DOS</p> 	<p>1</p> <p>Ditching the Dorms 0900-1130</p> <p>Pre-Deployment Briefing 1400-1500</p> <p>Sponsorship Training for CSS 1300-1400</p>	<p>2</p> <p>Newcomer Orientation @ Community Center Bldg. 412 0800-1200</p> <p>LinkedIn Profiles 0800-1000</p> <p>LinkedIn Job Search 1030-1230</p>	<p>3</p>	<p>4</p> 	<p>5</p>	
<p><b>TAP: 3-Day Workshop 0800-1630 (Virtual)</b></p>				<p><b>TAP: Employment Track 0830-1630 (Virtual)</b></p>			
<p><b>TAP: 3-Day Workshop 0800-1630 (Virtual)</b></p>				<p><b>TAP: Entrepreneurship Track 0830-1630</b></p>			
<p>6</p> 	<p>7</p> <p>EFMP Toddler Play Group @ Community Center (0 to 18 months) 1000-1200</p> <p>Crushing Debt 1100-1230</p>	<p>8</p> <p>Keys Symposium 0830-1230</p> <p>Stammtisch Museums &amp; Cultural Exhibits 1200-1300</p> <p>Saving and Investing 1300-1500</p> <p>Pre-Deployment Briefing 1400-1500</p>	<p>9</p> <p>Resume Essentials 0800-1230</p> <p>Resume Review 1030-1200</p> <p>No Newcomer Orientation Today!</p>	<p>10</p>  <p>Spouse Hub Opens @ 0800 Bldg. 2140, E-Club</p>	<p>11</p> <p><b>CLOSED Family Day</b></p> <p>12</p>		
<p><b>TAP: Vocational Track 0830-1630 (Virtual)</b></p>				<p><b>TAP: Entrepreneurship Track 0830-1630</b></p>			
<p>13</p> <p><b>CLOSED Columbus Day</b></p>		<p>15</p> <p>TAP: Pre-Separation Counseling (Virtual) 0830-1130</p> <p>Ditching the Dorms 0900-1130</p> <p>Pre-Deployment Briefing 1400-1500</p>	<p>16</p> <p>Interview Skills 0800-1000</p> <p>Salary Negotiations 1030-1230</p>	<p>17</p> <p>Plan My Move 0900-1100</p> 	<p>18</p> <p><b>CLOSED</b></p> <p>19</p>		
<p>20</p>		<p>21</p> <p><b>SPOUSE TIP!</b> Transition Employment Assis- tance for Military Spouses &amp; Caregivers (TEAMS)</p> 	<p>22</p> <p>First Duty Station Officer 1400-1630</p> <p>Pre-Deployment Briefing 1400-1500</p> <p>Conversation Corner w/ EFMP 1600-1700 @ KMCC Food Court</p>	<p>23</p> <p>Navigating USAJobs 0800-1030</p> <p>Resume Review 1030-1200</p>	<p>24</p>	<p>25</p> <p>German Culture Orientation 0900-1200</p>	<p>26</p> <p>EFMP &amp; Hearts Apart Hitscherhof Pumpkin Palooza 1300-1500</p>
<p><b>TAP: 3-Day Workshop 0800-1630 (Virtual)</b></p>				<p><b>TAP: Employment Track 0830-1630 (Virtual)</b></p>			
<p>27</p>	<p>28</p> <p>EFMP Toddler Play Group @ Community Center (19 months to 4 years old) 1000-1200</p> <p><b>Center Closed 0730-1300</b></p>	<p>29</p> <p>Pre-Separation Counseling 0830-1130</p> <p>Pre-Deployment Briefing 1400-1500</p>	<p>30</p> <p>Dress for Success 0800-0930</p> <p>Marriage and Money 0900-1130</p> <p>Mock Interviews 1000-1200</p>	<p>31</p> <p>VA Disability Compensation 1200-1300</p>  <p>Happy Halloween</p>	<p><b>SPOUSE Hub</b></p> <p>MON - WED, FRI 8AM—4PM • THU 8AM—12PM (Closed Holidays &amp; Family Days)</p>		
<p><b>TAP: 3-Day Workshop 0800-1630 (Virtual)</b></p>				<p><b>TAP: Education Track 0830-1230</b></p>			



Military & Family Readiness Center  
Bldg. 2120, Lawn Ave  
Ramstein AB  
Hours: M-F 0730-1630, except Thu, closed at 1200.

DSN: 314-480-5100  
COMM: 06371-47-5100  
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Facebook:  
Ramstein Military  
& Family Readiness

Workshop	Description
<b>**Registration required by contacting the M&amp;FRC**</b>	
Conversation Corner with EFMP	Conversation Corner with EFMP is a joint Air Force and Army group where you can meet new friends, explore valuable information, and gain support by sharing your experiences. Guest speakers from installation helping agencies present on occasion. Groups alternate locations throughout the KMC.
Crushing Debt	This course is designed to empower you and your family to get out — and stay out — of debt. You will learn proven techniques to overcome high interest rate consumer debt, make the most of the money you have coming in and get on track to a more secure financial future.
Ditching the Dorms	Workshop to assess if Service Members are financially ready to move out of the dorms and onto the economy. <b>**Contact your Dorm Manager to register**</b>
Dress for Success	Learn about various types of dress attire, including what is appropriate in the workplace. <b>*HYBRID*</b>
EFMP Toddler Play Group (0 to 18 months)	Play group offered at the Community Center for younger children ages 0-18 months.
EFMP Toddler Play Group (19 months to 4 years old)	Play group offered at the Community Center for children ages 19 months to 4 years old.
First Duty Station Officers-Financial Readiness	This is a mandatory briefing for all first duty station lieutenants. Briefing provides financial education for first term officers and the troops they will be entrusted to supervise. Information regarding basic financial management and relocation resources will be provided.
German Culture Orientation	Understanding German culture; driving; recycling; customs. Information from German American Community Office; Polizei; VAT/UTAP office.
Hitscherhof Pumpkin Palooza	Inviting EFMP & Hearts Apart Families for a fun-filled Fall Fest at Hitscherhof Pumpkin Farm, featuring a labyrinth in the corn field, straw castle, bouncy house and Farmers Market with pumpkin-based delicacies. The entrance fee is covered by the M&FRC, but please bring euros for parking (3€), shopping, and food/ drinks. Sign ups will be on a first-come, first-served basis by sending an e-mail to: 86fss.efmp@us.af.mil.
Interview Skills	Preparation is key for a great job interview. This two-hour workshop provides tips and coaching for job interviews and handling those hard-to-answer questions. Taught by Department of Labor. <b>*Virtual classes available at <a href="https://www.dol.gov/agencies/vets/programs/tap/teams-workshops">https://www.dol.gov/agencies/vets/programs/tap/teams-workshops</a>*</b>
Keys Symposium	This program offers an opportunity for Commander's Key Support Program (CKSP) team members to network and share best practice ideas. The event will include large and small group discussions and a panel discussion, enhancing the ability of each CKSP to improve individual and family readiness within each unit.
LinkedIn Job Search	Offers insider knowledge to utilize LinkedIn's job search features. Participants learn how to set job alerts, connect with new people, join groups, and follow organizations to grow their networks. This workshop also shares a rare sneak peek into the recruiter's view on LinkedIn providing invaluable insight into LinkedIn job searches. Taught by Department of Labor. <b>*Virtual classes available at <a href="https://www.dol.gov/agencies/vets/programs/tap/teams-workshops">https://www.dol.gov/agencies/vets/programs/tap/teams-workshops</a>*</b>
LinkedIn Profiles	Learn how to create a LinkedIn profile that markets your professional brand. Taught by Department of Labor. <b>*Virtual classes available at <a href="https://www.dol.gov/agencies/vets/programs/tap/teams-workshops">https://www.dol.gov/agencies/vets/programs/tap/teams-workshops</a>*</b>
Marriage and Money	Join the M&FRC and Military Family Life Counselors as we discuss marriage and money. The discussion will include financial issues and communicating about money. This class meets the Financial Readiness Touchpoint for Marriage.
Mock Interviews	Learn how to prepare for and practice interviews in a low-stress environment.
Navigating USAJOBS	Participants will learn how to navigate USAJOBS, gain a basic understanding of hiring preferences, the federal hiring process, & recognize the differences in federal resumes and civilian resumes. Note: Time to work on a resume in class is not guaranteed. Participants are invited to attend the Resume Review class where they can have their resume reviewed by staff or work on a resume in house.
Newcomer Orientation	Newcomer Orientation offers valuable information from various base agencies to all newly assigned members, including Active Duty personnel, DoD Civilians/Contractors, GSU's and Spouses. These sessions are designed to facilitate a seamless transition and integration into the KMC. Starting on October 16, 2024, the Newcomer Orientation will be extended to 1.5 days, allowing for on-the-spot completion of various in-processing requirements. <b>**Register via <a href="https://www.86fss.com/mfrc/relocation-assistance/">https://www.86fss.com/mfrc/relocation-assistance/</a> or by contacting the Center.</b>
Plan My Move	Preparing members and families to PCS
Pre-Deployment Briefing	Overview of deployment fundamentals and programs and services available to member and family members. <b>*IN PERSON</b>
Resume Essentials	A workshop designed to create your most effective resume for the career you want. Trained facilitators will provide guidance and teach you to evaluate your resume and understand job application techniques. Taught by Department of Labor. <b>*Virtual classes available at <a href="https://www.dol.gov/agencies/vets/programs/tap/teams-workshops">https://www.dol.gov/agencies/vets/programs/tap/teams-workshops</a>*</b>
Resume Review	A workshop study hall where participants can utilize the time to work on a resume in house or have their resume reviewed by M&FRC Staff.
Salary Negotiations	Learn salary and compensation negotiation skills. Taught by Department of Labor. <b>*Virtual classes available at <a href="https://www.dol.gov/agencies/vets/programs/tap/teams-workshops">https://www.dol.gov/agencies/vets/programs/tap/teams-workshops</a>*</b>
Saving and Investing	Join the M&FRC as we discuss saving vs. investing. This class is open to military members, civilians, and family members.
Sponsorship Training for CSS	Workshop informs CSS personnel on Sponsorship requirements prior to assigning sponsorship duties to unit members.
Spouse Hub	Connect with the community at the Spouse Hub, a welcoming space for spouses to connect with fellow spouses, share experiences, and find the support and information you need in your journey. We look forward to seeing you there!
Stammtisch - Table Talk	Join the M&FRC for a get together to discuss and familiarize ourselves with this wonderful area and to have fun. Come hear from our local German expert on a variety of topics.
TAP: 3-Day Core Curriculum Workshop	The 3-day Transition Workshop includes DoD/AF day, DOL 1 Day Employment Workshop, and VA Benefits and Services briefing. Workshop is designed to prepare military members and their families as they transition to the civilian sector. Prerequisite: Mandatory Initial Counseling and Pre-Separation Counseling.
TAP: Education Track	This is the two-day track for service members, spouses and dependents to attend to learn about furthering their education.
TAP: Employment Track	DOL Employment track is designed to teach retiring and separating service members valuable employment seeking skills such as: Resumes, cover letters, application processes, LMI, social media use, networking, and much more.
TAP: Entrepreneurship Track	Conducted by the Small Business Administration (SBA). Service members pursuing self-employment in the private or non-profit sector will learn about the challenges faced by entrepreneurs, the benefits and realities of entrepreneurship, and the steps toward business ownership.
TAP: Pre-Separation Counseling	The second step in the TAP process. Should be completed NLT 365 days from DOS/DOR. Service members will be counseled based on the pre-separation counseling script. Will receive information on resources and programs they may be eligible for as transitioning service members. Prerequisite: Mandatory Initial Counseling.
TAP: Vocational Track	This track taught by DOL helps to identify skills, increase awareness of training and credentialing programs, and develop an action plan to achieve career goals.
VA Disability Compensation	This course is taught by the VA Benefits Advisor and introduces the VA disability compensation (pay) benefit that may be available to eligible transitioning Service members and Veterans and shows where they can find key resources. Bring your lunch and learn what the VA has to offer.