






September 2024 Monthly Glance

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 CLOSED 	3 TAP: Pre-Separation Counseling (Virtual) 0830-1130 Ditching the Dorms 0900-1130 Pre-Deployment Briefing 1400-1500 Ranking Up 1500-1600	4 Newcomer Orientation @ Community Center Bldg. 412 / 0800-1200 LinkedIn Profiles 0800-1000 LinkedIn Job Search 1030-1230 EFMP Power Hour Topic: 30 Minute Meals 1100-1200 TAP: Employment Track (Virtual) 0830-1630	5 TAP: Vocational Track 0830-1630 Key Support Liaison (KSL) Initial Training 1600-2000	6 Key Leadership Immersion (Virtual) 0800-1200	7
8	9 Developing a Spending Plan 1100-1230 EFMP Toddler Play Group @ Community Center (0 to 18 months) 1000-1200	10 TAP: Pre-Separation Counseling (Virtual) 0830-1130 Pre-Deployment Briefing 1400-1500	11 Newcomer Orientation @ Community Center Bldg. 412 / 0800-1200 Resume Essentials 0800-1230 Resume Review 1030-1200	12	13 German Culture Orientation 0900-1200 Raising Financially Fit Kids 1000-1130 EFMP Sensory Story Time @ Ramstein Library 1030-1130	14
Senior TAP: 3-Day Core Curriculum Workshop @ Bldg. 411 0830-1630				Senior TAP: Employment Track 0830-1630		
15	16 	17 Ditching the Dorms 0900-1130 KSL Refresher Training 0900-1000 KSL Mentor Training 1000-1100 Stammtisch—Topic: German Cuisine 1200-1300 Basics of Credit Reports 1330-1500 Pre-Deployment Briefing 1400-1500	18 Newcomer Orientation @ Community Center Bldg. 412 / 0800-1200 Interviewing Skills 0800-1000 Salary Negotiations 1030-1230	19 Key Support Liaison (KSL) Continuing Education 0900-1030	20	21 EFMP & Hearts Apart Dino Park Trip 1000-1200 
TAP: 3-Day Core Curriculum Workshop (Virtual) 0830-1630				TAP: Employment Track (Virtual) 0830-1630		
22	23 	24 Bundles for Babies 0815-1200 TAP: Pre-Separation Counseling (Virtual) 0830-1130 Pre-Deployment Briefing 1400-1500 Conversation Corner w/ EFMP 1600-1700 @ KMCC Food Court	25 Newcomer Orientation @ Community Center Bldg. 412 / 0800-1200 Navigating USAJOBS 0800-1030 Resume Review 1030-1200	26 VA Education Benefits for Spouses and Dependents 1200-1300	27 HOT TIP—MILITARY Start TAP 18-24 months prior to your anticipated DOS! 	28
TAP: Entrepreneurship Track (Virtual) 0830-1230						
29	30 EFMP Toddler Play Group @ Community Center (19 months to 4 years old) 1000-1200	TAP: 3-Day Core Curriculum Workshop (Virtual) 0830-1630				



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Workshop	Description
Basics of Credit Reports and Scores	The way you manage or don't manage your credit could be costing you money. Learn how to establish credit, improve your credit report, correct misinformation, and other helpful tips.
Bundles for Babies	Workshop provides expectant parents with a variety of information including: how to care for infants, budgeting for the family, lactation, car seat safety, and infant safety, and more. A \$100 gift card from AFAS is provided.
Conversation Corner with EFMP	Conversation Corner with EFMP is a joint Air Force and Army group to meet new friends, explore valuable information, and gain support by sharing your experiences. Guest speakers from installation helping agencies present on occasion. Group location is at the KMCC food court.
Developing a Spending Plan	Starting and developing your spending plan now determines how you achieve your future goals. Join us as we discuss planning for future and developing your spend plan. Include money personalities, setting financial goals, and reviewing current spending habits.
Ditching the Dorms	Workshop to assess if Service Members are financially ready to move out of the dorms and in the economy. **Contact Dorm Manager to register**
EFMP and Hearts Apart Dino Park	Fun bonding activity for EFMP Q-Coded and Hearts Apart families at Dino Park in Kaiserslautern to provide a sense of community.
EFMP Power Hour - Topic: 30 Minute Meals	Mind, Body, Spirit presentations facilitated by Health Promotions and hosted by EFMP-FS. Practical information on how to navigate the wellness industry, focus on your wellbeing goals, and every day fitness life hacks. The highlight of this session is 30 Minute Meals: Kitchen Hacks for Busy People.
EFMP Sensory Storytime	Sensory friendly story time at Ramstein Library is an interactive program which focuses on sensory processing patterns for EFMP families.
EFMP Toddler Play Group (0 to 18 months)	Play group offered at the Community Center for younger children ages 0-18 months.
EFMP Toddler Play Group (19 months to 4 years old)	Play group offered at the Community Center for children ages 19 months to 4 years old.
EFMP & Hearts Apart Dino Park	Fun bonding activity for EFMP Q-Coded and Hearts Apart families to Dino Park.
German Culture Orientation	Understanding German culture; driving; recycling; customs. Information from German American Community Office; Polizei; VAT/UTAP office.
Interviewing Skills	Preparation is key for a great job interview. This two-hour workshop provides tips and coaching for job interviews and handling those hard-to-answer questions. Taught by Department of Labor. *Virtual classes available at https://www.dol.gov/agencies/vets/programs/tap/teams-workshops *
Key Leadership Immersion	Newly appointed leaders will receive required briefings by agencies to include Mental Health, IG, Wing Safety, EEO, SAPR, M&FRC.
Key Support Liaisons (KSL) Continuing Education	Base resource education for Key Support Liaisons (KSL) with an opportunity to engage with base leadership.
Key Support Liaisons (KSL) Initial Training	Newly appointed Key Support Liaisons (KSL) are given initial training to become a KSL per guidance.
Key Support Liaisons (KSL) Mentor Training	Training for newly appointed Key Support Liaisons (KSL) Mentors.
Key Support Liaisons (KSL) Refresher Training	Training conducted for appointed Key Support Liaisons (KSL) who have previously been a KSL at another base.
LinkedIn Job Search	Offers insider knowledge to utilize LinkedIn's job search features. Participants learn how to set job alerts, connect with new people, join groups, and follow organizations to grow their networks. This workshop also shares a rare sneak peek into the recruiter's view on LinkedIn providing invaluable insight into LinkedIn job searches. Taught by Department of Labor. *Virtual classes available at https://www.dol.gov/agencies/vets/programs/tap/teams-workshops *
LinkedIn Profiles	Learn how to create a LinkedIn profile that markets your professional brand. Taught by Department of Labor. *Virtual classes available at https://www.dol.gov/agencies/vets/programs/tap/teams-workshops *
Navigating USAJOBS	Participants will learn how to navigate USAJOBS, gain a basic understanding of hiring preferences, the federal hiring process, & recognize the differences in federal resumes and civilian resumes. Note: Time to work on a resume in class is not guaranteed. Participants are invited to attend the Resume Review class where they can have their resume reviewed by staff or work on a resume in house.
Newcomer Orientation (located @ Community Center- Bldg. 412)	Newcomer Orientation sessions provide all newly assigned Members; Active Duty, DoD Civilians/Contractors, GSU's and Spouses with information from various base agencies to assist in their assimilation to the KMC. **Register on Appointment Plus: https://booknow.appointment-plus.com/9rm3mcns/
Pre-Deployment Briefing	Overview of deployment fundamentals and programs and services available to member and family members. *IN PERSON
Raising Financially Fit Kids	Join the M&FRC as we discuss allowances, chores, saving and other topics for parents of children from preschool to high school.
Ranking Up	Promotion is a career milestone that brings both new opportunities and new challenges. This course targets service members and their spouses to make financial choices regarding anticipated or new income due to promotion.
Resume Essentials	A workshop designed to create your most effective resume for the career you want. Trained facilitators will provide guidance and teach you to evaluate your resume and understand job application techniques. Taught by Department of Labor. *Virtual classes available at https://www.dol.gov/agencies/vets/programs/tap/teams-workshops *
Resume Review	A workshop study hall where participants can utilize the time to work on a resume in house or have their resume reviewed by M&FRC Staff.
Salary Negotiations	Learn salary and compensation negotiation skills. Taught by Department of Labor. *Virtual classes available at https://www.dol.gov/agencies/vets/programs/tap/teams-workshops *
Stammtisch - Table Talk	Join the M&FRC for a get together to discuss and familiarize ourselves with this wonderful area and to have fun. Come hear from our local German expert on a variety of topics.
TAP: 3-Day Core Curriculum Workshop & Senior TAP	The 3-day Transition Workshop includes DoD/AF day, DOL 1 Day Employment Workshop, and VA Benefits and Services briefing. Workshop is designed to prepare military members and their families as they transition to the civilian sector. Prerequisite: Mandatory Initial Counseling & Pre-Separation Counseling.
TAP: Employment Track	DOL Employment track is designed to teach retiring and separating service members valuable employment seeking skills such as: Resumes, cover letters, application processes, LMI, social media use, networking, and much more.
TAP: Entrepreneurship Track	Conducted by the Small Business Administration (SBA). Service members pursuing self-employment in the private or non-profit sector will learn about the challenges faced by entrepreneurs, the benefits and realities of entrepreneurship, and the steps toward business ownership.
TAP: Pre-Separation Counseling	The second step in the TAP process. Should be completed NLT 365 days from DOS/DOR. Service members will receive information on resources and programs they may be eligible for as transitioning service members. Prerequisite: Mandatory Initial Counseling.
TAP: Vocational Track	Taught by DOL helps to identify skills, increase awareness of training/credentialing programs, and develop an action plan to achieve goals.
VA Education Benefits for Spouses and Dependent Children	This course is taught by the VA Benefits Advisor and communicates relevant information about education benefits, including Post-9/11 GI Bill benefits, that can help families, and caregivers pay for tuition, housing, books, and supplies costs through the VA education and training benefits available to them. Bring your lunch and learn what the VA has to offer.