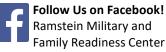
August 2024 Monthly Glance

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	HOT TIP—SPOUSES Transition Employment Assistance for Military Spouses & Caregivers (TEAMS)			TAP: Employment Track	Key Leadership Immersion 0800-1200	3
4	5 HOT TIP—MILITARY Start TAP 18-24 months prior to your anticipated DOS!	TAP: Pre-Separation Counseling (virtual) 0830-1130 Ditching the Dorms 0900-1130 Pre-Deployment Briefing 1400-1500	7 Newcomer Orientation @ Community Center 0800-1200/ Bldg. 412 LinkedIn Profiles 0800-1230 Key Support Liaison (KSL) Annual Training (SAPR/SA) 0900-1000	8 EFMP 101 Orientation 1100-1200	9 German Culture Orientation 0900-1200	Paddle Boarding w/EFMP & Hearts Apart @ Gelterswoog 1130-1500
11	Crushing Debt 1100-1230	13 Stammtisch—Topics: Wine Hikes/Volksmarch/Fests 1200-1300 Saving & Investing 1300-1500 Pre-Deployment Briefing 1400-1500	LinkedIn Job Search 1030-1200 14 Newcomer Orientation @ Community Center Bldg. 412 / 0800-1200 Resume Essentials 0800-1230 Resume Review 1030-1200	TAP: Vocational Track 15 Plan My Move 0830-1115	(Virtual) 0830-1630 16 CLOSED Training Day	17
18	TAP: 3-Day Core of 19	Curriculum Workshop (Vin 20 TAP: Pre-Separation Counseling (virtual) 0830-1130 Ditching the Dorms 0900-1130 Pre-Deployment Briefing	21 Newcomer Orientation @ Community Center 0800-1200/ Bldg. 412 Interviewing Skills 0800-1000 Salary Negotiations	TAP: Employment Track 22 TAP: Education Tr	German Culture Orientation 0900-1200	24
25	TAP: 3-Day Core C	1400-1500 27 HeartLink 0815-1430 Conversation Corner w/ EFMP @ BX 1600-1700 First Duty Station—Officers @PDC / Bldg 411 1400-1630 Pre-Deployment Briefing 1400-1500 curriculum Workshop (Vi	1030-1230 28 Newcomer Orientation @ Community Center 0800-1200/ Bldg. 412 Navigating USAJOBS 0800-1030 Paying for School Can Be Cool 1000-1100 Resume Review 1030-1200 rtual) 0830-1630	VA Benefits 101 @ Ramstein Library Bldg 409 1200-1300	CLOSED Family Day	31



Military & Family Readiness Center

Bldg. 2120, Lawn Ave Ramstein AB **DSN:** 314-480-5100 **COMM:** +49 6371-47-5100 **EMAIL:** 86FSS.MFRC@us.af.mil





Workshop	Description			
Conversation Corner with EFMP	Conversation Corner with EFMP is a joint Air Force and Army group where you can meet new friends, explore valuable information, and gain support by sharing your experiences. Guest speakers from installation helping agencies present on occasion. Groups alternate locations throughout the KMC.			
Crushing Debt	This course is designed to empower you and your family to get out — and stay out — of debt. You will learn proven techniques to overcome high interest rate consumer debt, make the most of the money you have coming in and get on track to a more secure financial future.			
Ditching the Dorms	Workshop to assess if Service Members are financially ready to move out of the dorms and onto the economy. **Contact your Dorm Manager to register**			
	Are you or a family member newly enrolled or just curious about EFMP? If so, this workshop is for YOU! Join us for a discussion on Air Force Exceptional Family Member Program to include the role of Family Support and Medical Support. This workshop is open to military members and civilians. Offered in-person and virtual. Reservation Required: 86fss.efmp@us.af.mil or call 06371-47-5100 CIV.			
EFMP 101 Orientation				
First Duty Duty Station Officers- Financial Readiness	This is a mandatory briefing for all first duty station lieutenants. Briefing provides financial education for first term officers and the troops they will be entrusted to supervise. Information regarding basic financial management and relocation resources will be provided.			
German Culture Orientation	Understanding German culture; driving; recycling; customs. Information from German American Community Office; Polizei; VAT/UTAP office.			
Heart Link	Dept of the Air Force 101 for new spouses. Day filled with activities, networking with helping agencies, learning about AF culture/programs and building resiliency.			
	Preparation is key for a great job interview. This two-hour workshop provides tips and coaching for job interviews and handling those hard-to-answer questions. Taught by Department of Labor. *Virtual classes available at https://www.dol.gov/agencies/vets/programs/tap/teams-			
Interviewing Skills	workshops* Newly appointed leaders will receive required briefings by agencies to include but not limited to Mental Health, IG, Wing Safety, EEO, SAPR,			
Key Leadership Immersion	M&FRC.			
Key Support Liaison (KSL) Continuing Education/Annual Training	Continuing Education: Base resource education for Key Support Liaisons (KSLs) with an opportunity to engage with base leadership. KSL Annual Training: Sexual Assault Prevention & Response and Suicide Awareness Training are required annually for all KSLs.			
	Offers insider knowledge to utilize LinkedIn's job search features. Participants learn how to set job alerts, connect with new people, join groups, and follow organizations to grow their networks. This workshop also shares a rare sneak peek into the recruiter's view on LinkedIn providing invaluable insight into LinkedIn job searches. Taught by Department of Labor. *Virtual classes available at			
LinkedIn Job Search	https://www.dol.gov/agencies/vets/programs/tap/teams-workshops*			
LinkedIn Profiles	Learn how to create a LinkedIn profile that markets your professional brand. Taught by Department of Labor. *Virtual classes available at https://www.dol.gov/agencies/vets/programs/tap/teams-workshops*			
Navigating USAJOBS	Participants will learn how to navigate USAJOBS, gain a basic understanding of hiring preferences, the federal hiring process, & recognize the differences in federal resumes and civilian resumes. Note: Participants are invited to attend the Resume Review class where they can have their resume reviewed by staff or work on a resume in house.			
Newcomer Orientation	Newcomer Orientation sessions provide all newly assigned Members; Active Duty, DoD Civilians/Contractors, GSU's and Spouses with information from various base agencies to assist in their assimilation to the KMC. **Register on Appointment Plus:			
(Located @ Community Center- Bldg. 412) Paddle Boarding w/ EFMP & Hearts Apart	https://booknow.appointment-plus.com/9rm3mcns/ Open to EFMP and families with deployed Service Members.			
Paying for School Can Be Cool	Learn about how Active Duty Military and DoD Civilian Employees may quality for Public Service Loan Forgiveness (PSLF).			
Plan My Move	Preparing members and families to PCS			
Pre-Deployment Briefing	Overview of deployment fundamentals and programs and services available to member and family members. *IN PERSON			
Resume Essentials	A workshop designed to create your most effective resume for the career you want. Trained facilitators will provide guidance and teach you to evaluate your resume and understand job application techniques. Taught by Department of Labor. *Virtual classes available at https://www.dol.gov/agencies/vets/programs/tap/teams-workshops*			
Resume Review	A workshop study hall where participants can utilize the time to work on a resume in house or have their resume reviewed by M&FRC Staff. *Pre-requisite is to attend Ressume Essentials or Navigating USAJOBS.			
Colomi Nogotistiana	Learn salary and compensation negotiation skills. Taught by Department of Labor. *Virtual classes available at			
Salary Negotiations Saving and Investing	https://www.dol.gov/agencies/vets/programs/tap/teams-workshops* Join the M&FRC as we discuss saving vs. investing. This class is open to military members, civilians, and family members.			
Saving and investing	Join the M&FRC for a get together to discuss and familiarize ourselves with this wonderful area and to have fun. Come hear from our local			
Stammtisch - Table Talk	German expert on a variety of topics. The 3-day Transition Workshop includes DoD/AF day, DOL 1 Day Employment Workshop, and VA Benefits and Services briefing. Workshop is			
TAR: 2 Day Core Curriculum Washahan	designed to prepare military members and their families as they transition to the civilian sector. Prerequisite: Mandatory Initial Counseling			
TAP: 3-Day Core Curriculum Workshop TAP: Education Track	and Pre-Separation Counseling. This is the two-day track for service members, spouses and dependents to attend to learn about furthering their education.			
	DOL Employment track is designed to teach retiring and separating service members valuable employment seeking skills such as: Resumes,			
TAP: Employment Track	cover letters, application processes, LMI, social media use, networking, and much more.			
TAD. Fatroneon accept in Toront	Conducted by the Small Business Administration (SBA). Service members pursuing self-employment in the private or non-profit sector will learn about the challenges faced by entrepreneurs, the benefits and realities of entrepreneurship, and the steps toward business ownership.			
TAP: Entrepreneurship Track	The second step in the TAP process. Should be completed NLT 365 days from DOS/DOR. Service members will be counseled based on the pre-			
	separation counseling script. Will receive information on resources and programs they may be eligible for as transitioning service members.			
TAP: Pre-Separation Counseling	Prerequisite: Mandatory Initial Counseling. This track taught by DOL helps to identify skills, increase awareness of training and credentialing programs, and develop an action plan to			
TAP: Vocational Track	achieve career goals.			
VA Benefits 101	Bring your lunch and join us for a workshop that highlights VA Benefits and Services available for service members and their dependents. Topics include: Education, Home Loan Guarantee, Healthcare, Insurance and Memorial Benefits. OPEN TO ALL!			