February 2024 Monthly Glance

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			NOGRAM P	Pre-Deployment Briefing (Email) 1430-1530	Deployment Reintegration (Video) 1500-1600	3
				TAP: Entrepreneurs	ship Track 0830-1630	
4	5	Ditching the Dorms 0900-1130 Pre-Deployment Briefing (Email) 1430-1530	7 Newcomer Orientation @ Community Center Bldg. 412 0800-1200 Navigating USAJobs 0800-1100 Key Spouse Continuing Education SAPR/SA 0900-1000 Civilian Resume Basics 1030-1230	FTEC 0800-1430 EFMP 101 Orientation 0900-1030 Pre-Deployment Briefing (Email) 1430-1530	9 German Culture Orientation 0930-1200	10
	TAP: 3-Day Workshop 0830-1630 (Virtual)			TAP: DOL Employment Track 0830-1630 (Virtual)		
11	Crushing Debt 1100-1230	Heart Link 0815-1430 Saving and Investing 1300-1500 Pre-Deployment Briefing (Email) 1430-1530	14 Newcomer Orientation @ Community Center Bldg. 412 0800-1200 TEAMS Workshops For more details and times see pg.2	Plan My Move 0900-1100 Pre-Deployment Briefing (Email) 1430-1530	Family Day	17
			TAP: DOL Vocational Track 0830-1630 (Virtual)			
18	President's Day	TAP: Pre-Separation Counseling (Virtual) 0830-1130 Ditching the Dorms 0900-1130 Pre-Deployment Briefing (Email) 1430-1530	21 Newcomer Orientation @ Community Center Bldg. 412 0800-1200 TEAMS Workshops For more details and times see pg.2	FTEC 0800-1430 Pre-Deployment Briefing (Email) 1430-1530	Deployment Reintegration (Video) 1500-1600	24
	1430-1330			TAP: Education Track 0830-1630		
25	26	27 Key Spouse Continuing Education 0900-1030 First Duty Station Officers 1430-1630 Pre-Deployment Briefing (Email) 1430-1530	Newcomer Orientation @ Community Center Bldg. 412 0800-1200 Paying for School Can be Cool 1000-1100 Resume Review	Home Buying 0900-1200 *M&FRC CLOSED*	EFMP Exceptional Family Member Program	
		Track 0830-1230 (Virtual)	1000-1130			
ARY & FA	TAP: 3-	Day Workshop 0830-1630		Facebook:		

PEADINESS

Military & Family Readiness Center Bldg. 2120, Lawn Ave Ramstein AB

Hours: M-F 0730-1630, except Weds, close at 1200.

DSN: 314-480-5100 COMM: 06371-47-5100 Email: 86FSS.MFRC@us.af.mil



Workshop	Description						
Registration required by contacting the M&FRC							
Civilian Resume Basics	Learn how to identify transferable skills, create a career catalog, and create a draft resume.						
Crushing Debt	This course is designed to empower you and your family to get out — and stay out — of debt. You will learn proven techniques to overcome your consumer debt, make the most of the money you have coming in and get on track to a more secure financial future.						
Deployment Reintegration (Video)	Required for all service members returning from deployment. Please complete certificate and email to M&FRC org box and CC your UDM. Video may be accessed here: https://86fss.com/afrc/training-videos/						
Ditching the Dorms	Workshop to assess if Airmen are financially ready to move out of the dorms and onto the economy .**Contact your Dorm Manager to register**						
EFMP 101 Orientation	Are you or a family member newly enrolled or just curious about EFMP? If so, this workshop is for YOU! Join us for a discussion on Air Force Exceptional Family Member Program to include the role of Family Support and Medical Support.						
First Duty Station Enlisted (FTEC)	Goal Setting and budgeting, credit and debt management, car buying, banking and checkbook management, and basic investing. Register through the Professional Development Center.						
First Duty Station Officer Financial Briefing	This is a mandatory briefing for all first duty station lieutenants. This briefing provides financial education for first term officers and the troops they will be entrusted to supervise. Information regarding basic financial management and relocation resources will be provided.						
German Culture Orientation	Class is beneficial for newcomers, recently arrived at Ramstein/Germany, to receive information on German culture, customs, courtesies, and laws. Other topics include travelling throughout Germany and Europe, as well as shopping on the economy, and off-base leisure activities.						
Heart Link	Dept of the Air Force 101 for new spouses. Day filled with activities, networking with helping agencies, learning about AF culture/programs and building resiliency. Ends with Information/Resource Fair.						
Home Buying	Buying a home is one of the most significant purchases you will make. This workshop is designed to increase the knowledge and comfort level of first time homebuyers and a refresher for the repeat home buyer.						
Key Spouse Continuing Education	Key Spouses and Mentors are being educated by a base resource and given an opportunity to engage with base leadership						
Navigating USAJobs Workshop	In this class, participants will learn how to navigate USAJobs, gain a basic understanding of preferences for vets and military spouses, understanding of preferences, how to apply for federal jobs, and recognize the differences in federal resumes and civilian resumes.						
Newcomer Orientation (located @ Community Center- Bldg. 412)	Newcomer Orientation sessions provide all newly assigned Members; Active Duty, DoD Civilians/ Contractors, GSU's and Spouses with information from various base agencies to assist in their assimilation to the KMC. **Register on Appointment Plus: https://booknow.appointment-plus.com/9rm3mcns/						
Paying for School Can Be Cool	Learn about how Active Duty Military and DoD Civilian Employees may quality for Public Service Loan Forgiveness (PSLF).						
Pre-Deployment Briefing	Overview of deployment fundamentals and programs and services available to member and family members (Email).						
Plan My Move	Preparing members and families to PCS						
Resume Review	A 1.5 hour workshop study hall where participants can utilize the time to work on a resume in house or have their resume reviewed by M&FRC Staff.						
Saving and Investing	Learn some simple tips to securing a strong financial future. Identify the differences between saving and investing. We will discuss the various savings and investing options.						
TAP: Pre-Separation Counseling *Virtual*	The second step in the TAP process. Should be completed NLT 365 days from DOS/DOR. Will receive information on resources and programs they may be eligible for as transitioning service members. Prerequisite: Initial Counseling.						
TAP: 3-Day Workshop *Virtual*	The 3-day Transition Workshop includes Pre-Separation brief, DoD/AF day, DOL 1 Day Employment Workshop, and VA Benefits and Services briefing. Workshop is designed to prepare military members and their families as they transition to the civilian sector. Prerequisite: Pre-Separation Counseling.						
TAP: Education Track	This is the two-day track for service members, spouses and dependents to attend to learn about furthering their education.						
TAP: Employment Track	DOL Employment track designed to teach retiring and separating service members valuable employment seeking skills such as: Resumes, cover letters, application processes, LMI, social media use, networking, and much more.						
TAP: Entrepreneurship Track	Conducted by the Small Business Administration (SBA). Service members pursuing self-employment in the private or non-profit sector will learn about the challenges faced by entrepreneurs, the benefits and realities of entrepreneurship, and the steps toward business ownership. *USAFE-wide virtual class not through Ramstein AB.*						
TAP: Vocational Track	This track taught by DOL helps to identify skills, increase awareness of training and credentialing programs, and develop an action plan to achieve career goals.						
Transition Employment Assistance for Military Spouses (TEAMS) Taught by SERCO TEAMS and	Federal Hiring: Participants will learn how to navigate USAJobs, gain a basic understanding of preferences for vets and military spouses, understand the federal hiring process, and how to apply for federal jobs. 24 January from 0800-1030 Flexible Job Options: Participants will explore researching and securing legitimate, career-building flexible job options. It also breakdowns topics such as gig economy jobs, temp and contract work, home-based businesses, and how to shift from an office to remote work location. 24 January from 1030-1230 Linked In Job Search: Participants learn how to set job alerts, connect with new people, join groups, and follow organizations to grow their networks. Also, get a sneak peek into the recruiter's view on LinkedIn job searches. 24 January from 1330-1530						
hosted by M&FRC.	Resume Essentials: A four-and-a-half-hour workshop designed to create your most effective resume for the career you want. Trained facilitators will provide guidance and teach you to evaluate your resume and understand job application techniques. 14 February from 0800-1230						