

How to complete the Post-Transition Spend Plan

Ramstein AB Military & Family Readiness Center

1. Complete “**Current**” columns (**GREEN**) in all tabs using LES & bank statements

Tab 1: Income and Totals (Income & Deductions)

Tab 2: Expenses

- Use past banking statements for accuracy
- Savings/Investing Expenses Section: how much do you save every month - not the balance in your savings account
- One Time/Annual Expense Section: enter **annual amounts** & it will divide for you

Tab 3: Consumer Debt

Tab 4: Overdue Expenses

Tab 5: Asset Values

- *Be as detailed as possible and include all information*

Tab 6: Follow Up Items-Goals

2. “**Projected**” columns (**YELLOW**) will be completed in the TAP workshop

3. Submit completed post-transition spend plan during Capstone

The image shows a screenshot of a spreadsheet titled "Income and Totals" with a large black 'X' overlaid on the "Current" and "Projected" columns. The spreadsheet is organized into several sections:

- Income (Monthly):** A table with columns for Current, Projected, Totals, Current, Projected, and Inc %. Rows include Base Pay, BAS, BAH, OHA, COLA, Special Pay, Hazardous Duty Pay, Flight Duty Pay, Foreign Language Pay, Family Separation Allowance, Jump Pay, Military Retirement Pay, Spouse Earnings (net), Other Job Pay (net), Rental Income, VA Benefits, Child/Spousal Support, Other (editable), and Total Income.
- Other Income:** A table with columns for Current, Projected, Current as of, Debt-to-Disp, Debt-to-In, Surplus In, and Asset. Rows include Clothing Allowance, Social Security Benefits, Survivor Benefit Plan, Interest/Dividends, Other (editable), and Total.
- Deductions:** A table with columns for Current, Projected, Annual to Monthly Calculator, Annual, and Monthly. Rows include Federal Income Tax (FITW), FICA-Soc Security, FICA-Medicare, Service Member SGLI, Family SGLI, State Income Tax, AFRH (AF Retirement Home), Montgomery GI Bill, Air Force Assistance Fund, Combined Federal Campaign, Meal Deduction, Debt Deduction, Dependent Dental, Thrift Savings Plan, Child Support/Alimony Paid, Other (editable), and Total.

The bottom of the spreadsheet shows a navigation bar with tabs for "Income and Totals", "Expenses", "Consumer Debt", "Overdue Expenses", "Asset Values", and "Follow Up Items-Goals".