



**DEPARTMENT OF THE AIR FORCE  
86TH AIRLIFT WING (USAF)**

**Ramstein and Vogelweh Fitness Centers  
Statement of Understanding (SOU) & Rules during Unmanned  
Hours**

I understand and agree that access to the Fitness Center(s) during unmanned hours is a special privilege which can be taken away for rule(s) violation. Furthermore, by registering my Identification Card with the Ramstein/Vogelweh fitness centers I acknowledge and agree to abide by all rules/regulations, stated in this SOU. This SOU may be amended from time to time at the sole discretion of the 786 FSS/CC.

- I. Eligibility for afterhours unmanned 24-7 Fitness Access** - Patron(s) age 18 and older with an authorized and registered Identification. (Active Duty can be age 17)
  - a. Authorized patrons as defined by Multi-Service publication AFI 36-3026, *Identification Cards for Members of the Uniformed Services and their Eligible Family Members, and other Eligible Personnel*, registered with the Ramstein/Vogelweh Fitness Centers.
- II. Patrons Ineligible for afterhours/unmanned 24-7 Fitness Access entry into Fitness Centers.**
  - a. Dependents of authorized patrons under the age of 18; Dependents who are over the age of 18 but do not have an eligible ID for registration - prohibited.
  - b. Authorized patrons not registered with the 24-7 Fitness Access System - prohibited.
  - c. Guests of authorized patrons are not permitted into the facility during unmanned hours.
  - d. Pets are not permitted in the facility or on Fitness Center grounds at any time.
- III. 24-7 Fitness Access Usage** - Authorized/registered patrons will swipe/badge in once for access at the main entrance and close the door behind them after entry.
  - a. CAC sharing is strictly prohibited and will result in the loss of privilege. IAW *Title 18 U.S.C. Section 499, 506, 509, 701, 1001 and AFI 36-3026. Para. 1.7 \*CAC sharing is viewed as theft of services and may be prosecuted in accordance with the UCMJ.*
  - b. For patron safety and security, patrons will ONLY ENTER/EXIT the MAIN FACILITY DOORS and ensure that the door closes securely following entry/exit.
    - All other doors MUST remain closed unless there is an emergency.
- IV. Unmanned/Afterhours Registered User Acknowledgment.**
  - a. There will be no supervision or assistance during unmanned hours. It is highly encouraged that patrons utilize the Wingman Concept during unmanned hours.
  - b. Patrons are required to wipe down equipment after use.
  - c. Patrons acknowledge that Ramstein/Vogelweh Fitness Center is not responsible for the protection of personal property.
  - d. Patrons are expected to behave in accordance with Fitness Center rules and good standards of conduct and discipline.

- e. Actions such as theft, defacement or intentional damage to government property, sexual assault, inappropriate sexual behavior, and violation of rules will not be tolerated and are subject to punishment under the Uniform Code of Military Justice (UCMJ).
- f. Surveillance cameras will be recording activities within the Fitness Center during unmanned hours.
- g. Saunas will be off limits and turned off during unmanned hours of operation.
- h. A spotter is required when using free weight bars. If a spotter is unavailable, please use a power cage or selectorized equipment. Additionally, it is recommended not to exercise above training limits and experience.
- i. Active Duty/Air Reserve Component members (Sponsors) will be held responsible for the conduct/actions of their dependents.

**V. Emergency Notification** - Patrons acknowledge that there may not be anyone on site to respond to an emergency.

- ❖ Fire Department/Ambulance 112
- ❖ Security Forces LE Desk: Ramstein 480-2050 / 06371-47-2050  
Vogelweh 489-6060 / 0631-536-6060
- ❖ RAB Command Post: 480-2121 / 06371-47-2121
  - a. In case of emergency or need for assistance, an emergency phone is located at the front counter area with emergency numbers readily available.
  - b. AED and a first aid kit is centrally located by the front counter.
  - c. In case of a fire, pull the fire alarm, call 1-1-2, and evacuate the building immediately.
  - d. In the event of severe weather, patrons will Shelter-in-Place in the Ramstein/Vogelweh Fitness Center until severe weather has passed
  - e. In the event of a power outage, all patrons will gather their belongings and exit the building promptly.
  - f. Violation of the rules will result in loss of privileges, as set out in the 24/7 Fitness Access Suspension Increments MFR, and are subject to the UCMJ.

**By signing the Ramstein/Vogelweh Fitness Centers Statement of Understanding, I, the patron, certify that I have read, understand and will comply with the rules/terms of this statement of understanding during unmanned hours in Ramstein/Vogelweh Fitness Center.**

**Customer Name:** \_\_\_\_\_ **Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_