

JULY

CALENDAR

Putting **FAMILY** back in **AIRMAN AND FAMILY READINESS**

3 JULY - KEY SPOUSE APPRECIATION	1600 - 1800
9 JULY - KEY SPOUSE LUNCHEON	1130 - 1300
11 JULY - SPOUSE SPONSORSHIP	1300 - 1400
12 JULY - EFMP : SENSORY FRIENDLY MOVIE	1800 - 2000
16 JULY - KEY SPOUSE QUARTERLY TRAINING	1000 - 1100
19 JULY - COMMUNITY BACK TO SCHOOL DRIVE	1000 - 1200
23 JULY - 86FSS SPOUSES TOUR	0800 - 1500
25 JULY - DEPLOYED SPOUSES MOVIE NIGHT	1600 - 1900

Call the A&FRC to make reservations.



RAMSTEIN AB
AIRMAN & FAMILY READINESS CENTER
DSN 480-5100 or CIV 06371 47 5100





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Ramstein Air Base Airman & Family Readiness Center

Contact A&FRC to Register
 DSN 480-5100
 COMM 06371-47-5100
 Bldg 2120, Rm 106

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2 1430-1530 Pre-Deployment Briefing	3 0900-1100 Pre-Separation Briefing for Separatees	4 A&FRC CLOSED – INDEPENDENCE DAY	5 Family Day
8	9 1430-1530 Pre-Deployment Briefing	10 0730-1200 Newcomers Base Intro 0900-1100 Pre-Separation Briefing for Retirees 1045-1200 German Culture Orientation	11 0800-1000 Capstone – walk ins 0815-1545 Newcomers USO Tour 1300-1400 Spouse Sponsorship 1430-1530 Pre-Deployment Briefing	12 0730-1230 Key Leadership Immersion Brief 1800-2000 EFMP: Sensory Friendly Movie
0800-1630 Transition GPS Workshop (Separatees) 08 Jul-12 Jul				
15	16 1000-1100 Key Spouse Quarterly Training 1430-1530 Pre-Deployment Briefing	17 0730-1200 Newcomers Base Intro 0900-1100 Pre-Separation Briefing for Separatees 1045-1200 German Culture Orientation	18 0800-1000 Capstone – walk ins 0815-1545 Newcomers USO Tour 1430-1530 Pre-Deployment Briefing	19 1000-1200 (Spouse Networking Series Session II) Back to School Drive @ Ramstein Community Center
0800-1600 Career Exploration & Planning Track (CEPT) 17-18 Jul				
22	23 1430-1530 Pre-Deployment Briefing	24 0730-1200 Newcomers Base Intro 0900-1100 Pre-Separation Briefing for Retirees 1045-1200 German Culture Orientation	25 0800-1000 Capstone – walk ins 0815-1545 Newcomers USO Tour 1430-1530 Pre-Deployment Briefing 1700-1900 Deployed Families Movie Night	26
0800-1630 Transition GPS Workshop (Retirees) 22-26 Jul				
29	30 1430-1530 Pre-Deployment Briefing	31 0730-1200 Newcomers Base Intro 0900-1100 Pre-Separation Briefing for Separatees 1045-1200 German Culture Orientation	1 Like us on Facebook: https://www.facebook.com/Ramstein-Airman-Family-Readiness-2111629028883248/	2

As of 3 July 2019 - Dates and times are subject to change-Updated schedule can be found on <https://www.86fss.com/> under the Airman and Family Readiness page



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Capstone: Individual appointment with a Transition Counselor to ensure all Career Readiness Standards (CRS's) are met; required to finalize the DD2648 eForm. Commander and A&FRC verification/signature required.

Deployed Families Event: Events that take place once a month and are for families of deployed members only. The events offered are: Movie Nights, Bowling Events, Skate Nights, Swimming/Pool Parties, Amusement Park Day Trips, BBQs, Dinner Events, Holiday Parties, and Back to School Events. All events are free of charge.

German Culture Orientation: A class that is beneficial for newcomers, recently arrived at Ramstein/Germany, to receive information on German culture, customs, courtesies, and laws. Orientation covers important facts regarding living off base, contracts (rental, internet, phone), recycling, VAT, utilities, bills, and banking. Other topics include traveling throughout Germany and Europe, as well as shopping on the economy, and off-base leisure activities.

Key Leaders Immersion Briefing: Required for Commanders, Command Chief Master Sergeants and First Sergeants who have recently been assigned to KMC. New leaders should attend within the first 30-60 days of arrival. Additional duty first sergeants and superintendents can attend on a space available basis.

Key Spouse Quarterly Training:
This is continuing education information designed for Key Spouses and Key Spouse Mentors held quarterly.

Spouse Sponsorship: Get the tools you need to be a great spouse sponsor! This class will provide information, resources and networking for those interested in becoming spouse sponsors.

Back to School Drive: Located at the Ramstein Community Center to provide school and bus registration information, KMC community resources, child care options, medical and KMC extracurricular activity information to Ramstein Families who have just PCS'd into the local area and need to register their children for school.

Newcomers USO Tour: This tour will begin at the USO in the passenger terminal. The tour will take you into the local community where there will be a walking tour of the city, lunch (at your own expense), a visit to and orientation of the train station and learn about the American influence on the local area.

Pre-Deployment Briefing: Mandatory briefing required for deployers prior to leaving home station. Attendees receive education on how to best prepare themselves and their families for a successful deployment. The pre-deployment outprocessing checklists of attending deployers will be signed. Spouses are highly encouraged to attend the briefing.

Pre-Separation Counseling Briefings: Mandatory briefing for members retiring/separating from the military. Must be completed NLT 90 days before date of retirement (DOR) or separation (DOS). Retirees must be within 24 months of DOR or within 12 months of DOS.

Transition GPS Workshop: Mandatory 5-day workshop helps you prepare for the many military to civilian transition challenges. Workshop is presented by the Departments of Labor, Veterans Affairs and Department of Defense. Topics: career decision-making, job search skills, translation of military skills into civilian terminology, resume writing, transition budget (finances), veterans' benefits, and more. **Pre-Separation counseling must be completed before registering for the workshop.**

EFMP Event: Each month, the EFMP-Family Support program hosts an event that provides an opportunity for families enrolled in the Exceptional Family Member Program to come together in a fun and supportive environment. For more information, please contact the EFMP-Family Support specialist.

Newcomers Base INTRO (Enlisted Club): Military members are required to attend this mandatory newcomers briefing within the first week to 10 days after arriving to Ramstein. Spouses are welcome to attend.