



# September 2018

Ramstein Air Base  
Airman & Family Readiness Center

Contact A&FRC to Register  
DSN 480-5100  
COMM 06371-47-5100  
Bldg 2120, Rm 106

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b> 	<b>4</b> 0900-0930 Reintegration Briefing 0930-1000 Pre-Deployment Briefing	<b>5</b> 0730-1200 Newcomers Base Intro	<b>6</b> 0800-1000 Capstone 0900-0930 Reintegration Briefing 0930-1000 Pre-Deployment Briefing	<b>7</b>
<b>10</b>	<b>11</b> 0800-1200 Personal Financial Readiness for First Term Airmen 0900-0930 Reintegration Briefing 0930-1000 Pre-Deployment Briefing	<b>12</b> 0730-1200 Newcomers Base Intro	<b>13</b> 0800-1000 Capstone 0900-0930 Reintegration Briefing 0930-1000 Pre-Deployment Briefing	<b>14</b> 0730-1230 Key Leaders Immersion
<b>17</b> 0830-1500 German Culture Orientation	<b>18</b> 0900-0930 Reintegration Briefing 0930-1000 Pre-Deployment Briefing	<b>19</b> 0730-1200 Newcomers Base Intro 0830-1200 Bundles for Babies	<b>20</b> 0800-1000 Capstone 0900-0930 Reintegration Briefing 0930-1000 Pre-Deployment Briefing	<b>21</b>
		<b>0800-1600 Accessing Higher Education 19-20 Sept (Ed Center)</b>		
<b>24</b>	<b>25</b> 0800-1200 Personal Financial Readiness for First Term Airmen 0900-0930 Reintegration Briefing 0930-1000 Pre-Deployment Briefing 1300-1400 Key Spouse Refresher Training	<b>26</b> 0730-1200 Newcomers Base Intro	<b>27</b> 0800-1000 Capstone 0900-0930 Reintegration Briefing 0930-1000 Pre-Deployment Briefing 1700-1900 Deployed Families Movie Night	<b>28</b>
	<b>1600-1900 Key Spouse Initial Training 25-26 Sept</b>			
<b>0800-1630 Transition GPS Workshop 24-28 Sept</b>				

As of 28 August 2018 - Dates and times are subject to change-Updated schedule can be found on <https://www.86fss.com/> under the Airman and Family Readiness page



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**Accessing Higher Education Track (AHET):** Service members pursuing college education will receive guidance to prepare for the college application process, including identifying one's educational goals, education funding, and researching and comparing institutions. Contact Education Center at 480-2032 to sign up.

**Capstone:** Individual appointment with a Transition Counselor to ensure all Career Readiness Standards (CRS's) are met; required to finalize the DD 2648 eForm. Commanders and A&FRC verification / signature required. Call 480-5100 to schedule an appointment.

**Career Exploration & Planning Track (CEPT):** The Career Exploration and Planning Track (formerly CTTT) track workshop offers a unique opportunity to identify skills, increase awareness of training and credentialing programs, and develop an action plan to achieve career goals. Service members and spouses who attend the two-day Department of Labor Career Exploration and Planning Track (CEPT) workshop will complete personalized career development assessments of occupational interest, aptitudes, and work values. These assessments will present workshop participants with a variety of tailored job recommendations aligned with their interests and aptitudes, some of which are classified as "high demand" or "high growth" occupations. Participants will learn to narrow their career focus by establishing achievable career goals and development strategies. Workshop facilitators will guide participants through a variety of career considerations including labor market projections, education, apprenticeships, certifications, and licensure requirements.

**Deployed Families Event:** Events that take place once a month and are for families of deployed members only. The events offered are: Movie Nights, Bowling Events, Skate Nights, Swimming/Pool Parties, Amusement Park Day Trips, BBQs, Dinner Events, Holiday Parties, and Back to School Events. Family members are notified by the A&FRC via e-mail if their deployed sponsor provides their families personal e-mail address at the Pre-Deployment Briefing. All events are free of charge for interested families who would like to attend.

**German Culture Orientation:** Seminar that is beneficial for newcomers; provides information on German culture, customs, courtesies, etc. Lunch will be provided

**Key Leaders Immersion Briefing:** Required for Commanders and First Sergeants who have recently been assigned to Ramstein. New leaders should attend within the first 30-60 days of arrival. Additional duty first sergeants and superintendents can attend on a space available basis.

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**Key Spouse Initial Training:** Mandatory training for newly appointed Key Spouse Mentors (KSM) and Key Spouses (KS). Must bring a copy of the appointment letter to the training.

**Key Spouse Refresher Training:** Mandatory training for Key Spouse Mentors (KSM) and Key Spouses (KS) who had initial training in the past, but now are newly appointed as Key Spouses in Ramstein. Must bring a copy of the appointment letter to the training.

**Newcomers Base INTRO (@ Enlisted Club):** Military members are required to attend this mandatory newcomers briefing within the first week to 10 days after arriving to Ramstein. Spouses are welcome to attend.

**Personal Financial Readiness for First Term Airmen (FTAC):** Personal Financial Readiness for First Term Airmen (FTAC): Introductory financial education for Airmen E1-E3 whose first duty station is Ramstein AB. Topics covered are: budgeting, financial goals, car buying saving, investing, TSP, BRS, credit, debt management, and available financial resources. Held at the First Term Airmen Center

**Pre-Deployment Briefing:** Mandatory briefing required for deployers prior to leaving home station.

**Reintegration Briefing:** Mandatory briefing required for re-deployers prior to statting R&R leave

**Transition GPS Workshop:** Mandatory 5-day workshop helps you prepare for the many military to civilian transition challenges. Workshop is presented by the Department of Labor, along with other key agencies. Topics: career decision-making, job search skills, translation of military skills into civilian terminology, resume writing, transition budget (finances), veterans' benefits, and more. **Pre Separation Counseling must be completed before registration.**